

## **NOW AVAILABLE**

### **New telehealth option for Conifer Physical Therapy patients**

As healthcare providers, we have been instructed by the government to maintain as normal of a work schedule as possible. *Therefore, we are still open at this time.* We are prioritizing post-surgical patients, acute pain patients, and anyone else where hands-on care is essential. We are still requesting patients who have any symptoms of illness, have known exposure to Covid19, or are in a high risk group to please stay at home.

In order to address the needs of our patients who are unable to come into the clinic, we have newly launched a telehealth option. As State and Federal Officials make recommendations to prevent the spread of disease, we believe it is our social responsibility to help be a part of the solution. The implementation of telehealth physical therapy is a way to contribute to social distancing by providing care to people in their homes.

#### **How does it work?**

Participating in a telehealth physical therapy session is very similar to a video conference. If you have ever used skype on a computer or facetime on your phone, telehealth will feel very familiar. The only equipment you will need is a laptop or computer with a camera and internet service (plus any weights, theraband, or exercises equipment that might be needed for your treatment), our software does the rest. To schedule a telehealth physical therapy appointment please call our office at 303-838-7444. Once you schedule the telehealth appointment, you will receive a link from your physical therapist that allows you to join the visit online.

#### **Will my insurance cover telehealth physical therapy?**

We have received instruction from insurance providers (UHC, Medicare, BCBS, Cigna, etc) that during this pandemic they will cover visits that are performed using telehealth. Obviously, we are limited in what we can perform virtually such as manual therapy and soft tissue work, but we are still able to perform exercise instruction, and can progress your PT program. This is a temporary solution during the pandemic in an attempt to provide consistent care.

Co-pays, co-insurance and authorization requirements are still applicable with telehealth.

Please feel free to call us with any questions you may have. 303-838-7444